

PANTHER PRIDE

December 2024

HAPPY HOLIDAYS
from your UPrep Staff



Dates to Remember

- | | | | |
|--------------|---------------------------|-------------|-----------------------|
| • 12/10 | Winter Concert | • 12/13 | Ugly Sweater Day |
| • 12/10 & 11 | Freshman Cookies and Cram | • 12/16-18 | JH Ugly Sweater Dance |
| • 12/12 | Winter Strings Concert | • 12/19-1/6 | Finals Schedule |
| | | | Winter Break |

PANTHER PRIDE

December 2024

FINALS SCHEDULE

Monday, Dec. 16, 2024	
7:40 – 8:25	Period 0 (45 min)
8:30 – 10:15	Period 1 (105 min)
10:15 – 10:25	Break (10 min)
10:30 – 12:15	Period 3 (105 min)
12:15 – 12:55	Lunch (40 min)
1:00 – 2:45	Period 7 (105 min)
2:45 All-School Dismissal	
Tuesday, Dec. 17, 2024	
8:30 – 10:15	Period 2 (105 min)
10:15 – 10:25	Break (10 min)
10:30 – 12:15	Period 5 (105 min)
12:15 -12:45	Lunch (30 min)*
12:15 All-School Dismissal	
Wednesday, Dec. 18, 2024	
8:30 – 10:15	Period 4 (105 min)
10:15 – 10:25	Break (10 min)
10:30 – 12:15	Period 6 (105 min)
12:15 – 12:45	Lunch (30 min)*
12:15 All-School Dismissal	

Friday, December 13th, will be the last day of a regular class schedule for the first semester of the 2024-2025 school year. ***On Monday, December 16th through Wednesday, December 18th, high school students will take final exams.*** Junior High students will follow the same schedule ***but will not be taking comprehensive final exams unless they are in high school classes.*** The increased class time will be used for culminating activities.

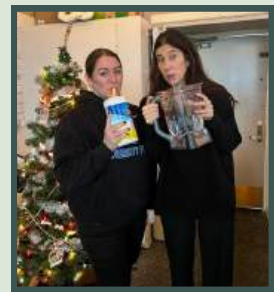
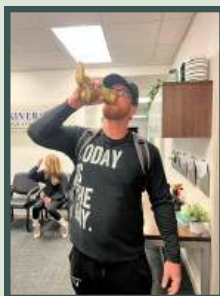
Canned Food Drive



A huge congratulations to the senior class for coming out on top in this year's canned food drive! Their teamwork and creativity truly shone as they pooled funds together to make a last-minute grocery store run, ensuring their contribution made the biggest impact possible. This incredible effort not only secured their victory but also demonstrated their commitment to supporting our community. Great job, seniors! Your generosity is an inspiration to all.

UNDERGROUND Spirit Week

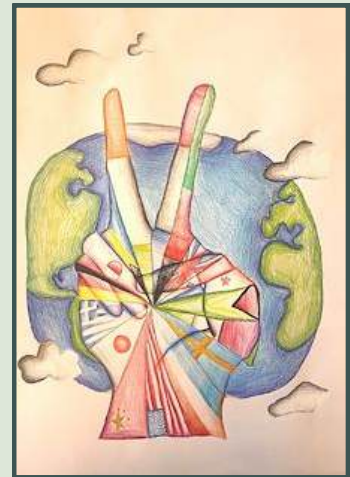
ASB put on our first Underground Spirit Week where staff surprised the students with a different theme/dress up day throughout the week. We had Jersey Day, Anything but a Cup, Flannel Day and Mr. Shufelberger came out the big winner of our Rock, Paper, Scissors Tournament. It was a great way to celebrate going into the Thanksgiving Break.



VAPA

ONCE ON THIS ISLAND

Congratulations to the cast and crew of Once on This Island for an unforgettable performance! From the vibrant costumes to the captivating music, your hard work and dedication brought this incredible story to life. Each cast member showcased their immense talent, and the crew worked tirelessly behind the scenes to ensure every detail was perfect. Your teamwork, passion, and creativity shone through in every moment of the show, leaving the audience in awe. Thank you for all your efforts in making this musical a resounding success!



SCOE has selected two art works that will be on display at the Curricular and Improvement Support Improvement Committee (CISC) Ignite student art exhibit that will take place at the CISC Leadership Symposium in February.

7th Grader Paisley Jones was celebrated at the Lions Club Rotary for her outstanding Peace Poster. Her artwork has been selected to represent the district in a competition against all the other districts in California, with the final event taking place in Southern California.

DANCE DANCE DANCE DANCE DANCE

The Uprep Dance Team had the opportunity to take part in the Disney Dance Experience! The girls took a private dance class behind the scenes at Disneyland, learning from a professional currently working in the dance and theatre industry. It was so much fun! The team then had to ride as many rides as they could in a day!



Cheer



UPrep Cheer is excited to kickoff the start of their basketball season Tuesday 12/10 at the first home game! We will cheer at all home games this season all while juggling a demanding competition season as well. The comp team will compete on 12/21 at Shasta High School in the Nor Cal Holiday Classic, turn around and compete again at Shasta on January 11th for a CIF section title at the Northern California TCC CIF. They will wrap up the competition season in Orlando, Florida February 6 - 11th competing for a Division II National High School Cheer Championship title. We are excited for the season to come!

Happy Holidays from UPrep Cheer!

VOLLEYBALL

2024 Section Final Champions
2024 League Champions

Maddux Rossman
NAL MVP
North's All Star team

Addi Maikranz
All League

Zoe Nye
All League

Audrey Berg
All League

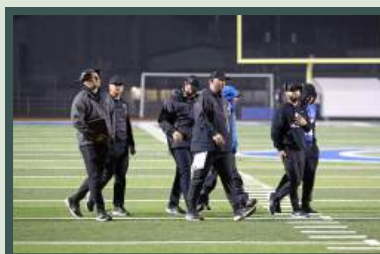
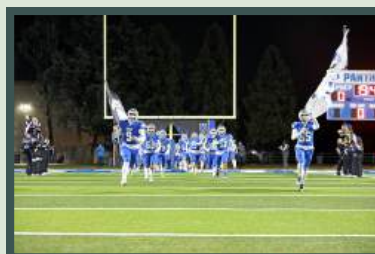
Rylee Villano
Honorable Mention



FOOTBALL

The 2024 Football season had many closely contested battles for the Panthers, the Panthers finished the regular season 7-3 and hosted a playoff game for the fourth straight year.

The program philosophy of "Lead The Way" continues to grow as the standard was upheld as the reloading for the 2025 campaign has already begun.



CROSS COUNTRY

In the end, 2024 brought home 4 NAL Titles – that's right UPREP swept the NAL meet winning the JV Boys & Girls team titles with Chris W. & Maddie W. both winning individual NAL Titles. On the varsity side both Boys & Girls were NAL Champs with Rogue C. winning the NAL Title on the girls side and Noah G. bringing home the title on the boys side.

Our varsity girls won sections, with Rogue Cutler leading the way, winning the entire Section meet as a Freshman. Our Varsity Boys won D5 and brought home 2nd place at sections.

The varsity girls kicked things off at state, posting personal bests all over the place and even brought home 19th place – the first time we have been in the top 20 in the last 4 years. The boys took home a 6th place finish. The boys were never ranked in the Top 10 all year and shocked the D5 schools with their race approach and outcome. Three of our boys beat the fastest time ever run by an UPREP athlete!

Great job Cross Country!



Have a great break Panthers!

WE WILL SEE YOU WHEN SCHOOL
RESUMES ON JANUARY 7TH!



COME AND JOIN US

NON SCHOOL DAY CAMPS OFFERED TO UPREP FAMILIES

Please click on the QR Code for more information

Registration opens October 25 2024

Questions? Contact: Marianne Sweetwood

msweetwood@sformca.org

(530)246-9622 x113

Free to all
UPrep 6th Grade
Students!

Fall Camp



November
25-27

December
19-20



December
19 & 20

Winter
Camp



December
23, 26, 27, 30, 31
January
2, 3, 6

Transportation
from the YMCA
to the camp
location (noted
on the
registration if
different than
the YMCA on
Eureka Way)
can be
arranged.

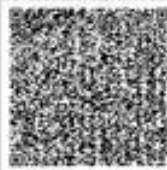
Please contact
the main office
for more
information.

January
20th



January
20

President's
Camp



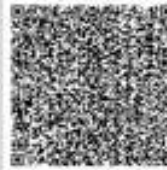
February
17-21

Spring
Camp



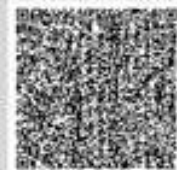
April
14-18

May 30th



May
30

June Camp



June
2-6

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